



HILLS STREET GROUP

Providing Creative Solutions to
Injury Management,
Prevention & Rehabilitation.



Employee Assistance Program

What is EAP?

Employee Assistance Programs (EAP) provide an effective framework for workplace health and promotion and are a preventative, early and minimum intervention that assists employees with personal and work related issues. EAP aims to reduce the effects of stress on individuals and organisations, provide a management tool to improve workplace performance and productivity, and provide information on how to respond to critical incidents if necessary.

EAP is based on the concern for the high human and financial costs to industry and the community. These problems can manifest themselves in factors such as absenteeism.

How does EAP benefit Employer Organizations?

Addressing difficulties faced by your employees, whether originating in the home or in the workplace, brings significant benefits. These include:

- Decreased accidents and long-term disability costs
- Reduced lost time
- Decreased possibility of compensation claims
- Increased employee attendance
- Increased performance & productivity
- Improved staff relations
- Improved motivation and morale
- Minimisation of unplanned overtime due to absenteeism and sickness
- Reduced staff turnover

Hills Street Group approach to EAP

Hills Street Group is acutely aware of the importance of developing and maintaining supportive organisational environments, and assist to develop strategies directed at reducing the impact of physical and psychosocial stressors. When an organisation fosters an environment of diversity, collaboration, and community, people generally flourish and organisational performance is often optimised.

What services do Hills Street ORS offer?

Confidential & Professional Counselling Services

Corporate Health Promotion

Education & Training Workshops

Human Resource Consulting

Assistance with Workplace Management

EAP Policy Development

For all office locations visit:

www.hillsstreetgroup.com.au

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