



HILLS STREET GROUP

Providing Creative Solutions to
Injury Management,
Prevention & Rehabilitation.



Education & Training

Hills Street Group aims to provide education programs related to injury prevention and injury management that are suited to the unique needs of clients. Our interactive presentations encourage employer-worker interaction. If the employees are active participants in the process then we are more likely to see changes and a reduction in injuries as they have a sense of ownership and responsibility.

Our educators are qualified health professionals, with experience in facilitating education sessions and implementing pro-active injury management and prevention strategies.

What are the benefits of using external training for OH&S and Injury Management?

Hills Street Group's core competence is injury management. Outsourcing this training of staff ensures that the information received is current, appropriate and aligned with legislative requirements. Importing fresh, evidence based ideas through stimulating and interactive educational sessions can increase interest, energy and enthusiasm for a more 'pro active' and less 'reactive' approach to risk and injury management. Studies assessing employee job satisfaction and retention rates, suggest that spending the time on creative learning and reflection increases the employee job satisfaction and sense of value, which in turn leads to retention of quality staff.

Why use Hills Street Group for Education & Training?

Our educators go beyond focusing on the individual learner by evaluating how our education programs can promote ongoing change within the organisation.

We recognise that for effective learning to take place the learning environment must allow for different learning styles and therefore all of our programs provide a range of opportunities and training methods so that all clients have access to the type of program that suits them.

We are committed to delivering presentations that are informative, practical and whose content is relevant and evidence based.

Please contact Hills Street Group for training session quote & references from participants who have participated in our education programs.

Popular Presentations

Hills Street Occupational Rehabilitation Service is able to provide informative and interactive presentations tailored to the employers needs. Some examples of the available services include:

Improving your WorkStation - Office Safety & Ergonomic Principles
Manual Handling Education

Conflict Resolution Workshops
Stress Management in the workplace
Working as a team / team dynamics
Exploring workplace relationships

Supervisors – A key role in the return to work and rehabilitation process
Injury Prevention & Management
Benefits of Early Return to Work
The Rehabilitation Process
Risk Assessment Education and Facilitation

Corporate Health & Lifestyle Education
Exercise prescription/posters

For all office locations visit:

www.hillsstreetgroup.com.au

Central Coast Office: Level 1,
28 Pacific H'way West Gosford NSW
P 02 43255866 F 1300 137 208